



March 2020






SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1</p> <p>10am- Catholic Communion (T) 10am- Coffee & Tea Social (ML) 1:30pm- Play Bridge (AR) 2:00pm- Movie Matinee (T) 2pm- Stirling Park Choir (ML) 3pm- Coffee & Tea Social (ML) 7pm- Sunday Classic Movies (T) <i>"Some Like it Hot" When two musicians witness a mob hit, they flee the state disguised as women in an all female band, but further complications set in.</i></p>	<p>2</p> <p>9:00am- Tai Chi w/ Hiromi (T) 10am-Coffee & Tea Social (ML) 10am- Carlingwood Mall (BUS) 1:00pm- Exercise Class (T)  1:30pm- Exercise Class (T) 1:30pm- Name that Tune (ML) 2:30pm- Bowling (ML) 3:30pm- Ice Cream Social (ML) 7pm- Monday Series <i>"Cable Girls" See description in "March Highlights Section"</i></p>	<p>3</p> <p>Tuck Shop Open 1pm 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10:15am- Java Music Club (L) 12:15pm- Shuttle to Independent 2pm- Around the World Scavenger Hunt (ML) 3pm- Coffee & Tea Social (ML) 7pm- Paint Night (AR) <i>Sign-up at Reception</i> </p>	<p>4</p> <p>9am- Exercise in the Pool (P) 10am- "The Knotty Bunch" (W) 11am- Catholic Mass (T) 1pm- OUTING: Mystery Drive (BUS) 3pm- Coffee & Tea Social (ML) 3:30pm-Word Games (ML) 7pm- Bridge or Euchre (AR) 7pm- Movie Night (T) <i>"La Bamba" The place crash that killed Buddy Holly also took Ritchie Valens, whose modest upbringing and rise to fame are depicted in this exhilarating biopic.</i></p>	<p>5</p> <p>Tuck Shop Open 10:30am 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10am- Smoothie Bar (ML) 2pm- Entertainment by Simon Clarke (ML) 3pm- Coffee & Tea Social (ML) 7pm- Documentary Thursdays <i>"Babies" From Nature to nurture, how infants discover life during their very first year EP 1 & 2 (T)</i> </p>	<p>6</p> <p>Tuck Shop Open 12:30pm 9:30am- Stretch&Meditation (T) 10:15am- Java Music Club (L) 1pm- Bingo (ML) 2pm- Caricatures with Doc-Z From 2pm-4pm!  3pm- Wine and Cheese Social (ML) 7pm- Friday Night Cards (AR) 7pm- Friday Night Movie Night <i>"Faith, Hope & Love" after shattering losses, a recent divorcee and a heartbroken widower restore their lives when they partner for a dance competition</i></p>	<p>7</p> <p>10am- Coffee & Tea Social (ML) 10am- Saturday Painters (AR) 2pm- Movie Matinee (T) 3pm- Kentucky Derby Horse Races (ML) 3pm- Coffee & Tea Social (ML) 7pm- Bridge or Euchre (AR) 7pm- Movie Night (T) <i>"Darkest Hour" Newly appointed British Prime Minister Winston Churchill rallies a nation to fight for it's survival</i></p>
<p>8</p> <p>10am- Catholic Communion (T) 10am- Coffee & Tea Social (ML) 1:30pm- Play Bridge (AR) 2:00pm- Movie Matinee (T) 2pm- Stirling Park Choir (ML) 3pm- Coffee & Tea Social (ML) 7pm- Sunday Classic Movies (T) <i>"Singin' In The Rain" One of the most famous and beloved musicals of all time, Singin' in the Rain is set in a 1920s Hollywood on the cusp of the sound era.</i></p>	<p>9</p> <p>7:30am- 9:00am- Pancake Fundraiser with Nissa! (AR) <i>Come and enjoy some Pancakes from scratch and make a small donation to our Big Bike Fundraiser!</i> 9am- Gentle Yoga w/ Susan 10am-Billings Bridge (Main) 1:00pm- Exercise Class (T) 1:30pm- Exercise Class (T) 1:30pm- Giant Crossword (ML) 2:30pm- Bowling (ML) 3:30pm- Ice Cream Social (ML) 7pm- Monday Series <i>"Cable Girls"</i> </p>	<p>10</p> <p>Tuck Shop Open 1pm 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10:15am- Java Music Club (L) 10:30am-Anglican Service (T) 11am-Scarves w/ Sheila Vendor 12:15pm- Shuttle to Independent 2pm- Entertainment- Trudi's Sentimental Journey (ML) 3:30pm- GG's Knitting Club (L) 5pm- DIY Dinner-Make Pasta From Scratch! (AR) <i>RSVP at Reception</i>  7pm- Movie Night</p>	<p>11</p> <p>10am-Coffee & Tea Social (ML) 10am- OUTING: Day Trip to Cobden and Lunch at Whitewater Brewery (BUS) 3pm- Coffee & Tea Social (ML) 3pm- Word Games (pick up package from reception) 7pm- Bridge or Euchre (AR) 7pm- Movie Night (T) <i>"Everest"- In 1996, Rival mountaineering teams attempt to scale Mount Everest, but when a blizzard hits the summit, the climbers fight to stay alive</i></p>	<p>12</p> <p>Tuck Shop Open 10:30am 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10am- Smoothie Bar (ML) 11am- Shuttle to Merivale Mall (VAN) 2pm- Entertainment by Arlene Quinn (ML) 3pm- Coffee & Tea Social (ML) 7pm- Documentary Thursdays <i>"Babies" From Nature to nurture, how infants discover life during their very first year EP 3 & 4 (T)</i> </p>	<p>13</p> <p>Tuck Shop Open 12:30pm 9:30am- Stretch&Meditation (T) 10:15am- Java Music Club (L) 2pm- Bingo (ML) 3pm- Wine & Cheese Social with Greg Elliot on Guitar (ML) 3pm- Bake Sale (ML)  7pm- Friday Night Cards Social and Billiards! (ML) 7pm- Friday Night Movie Night <i>"Nights in Rodanthe"- When a Hurricane hits a coastal North Carolina inn and strands the only guest, surgeon Paul Flanner (Richard Gere), a young woman's life changes forever (Diane Lane)</i></p>	<p>14</p> <p>10am- Coffee and Tea Social (ML) 10am- Saturday Painters (AR) 2pm- Entertainment by Brad Pullan (ML) 3pm- Coffee and Tea Social (ML) 7pm- Bridge or Euchre (AR) 7pm- Movie Night (T) <i>"The Bucket List" Two terminally ill men left with only six months to live, decide to explore life and make a bucket list comprising all the things they have never tried before.</i></p>
<p>15</p> <p>10am- Catholic Communion (T) 10am- Coffee & Tea Social (ML) 1:30pm- Play Bridge (AR) 2:00pm- Movie Matinee (T) 2pm- Stirling Park Choir (ML) 3pm- Coffee & Tea Social (ML) 7pm- Sunday Classic Movies (T) <i>"My Fair Lady" A snobbish phonetics professor agrees to take a lowly flower girl under his care and make her presentable to society.</i></p>	<p>16</p> <p>9:00am- Tai Chi w/ Hiromi (T) 10am- Giant Tiger and Walmart (BUS) 1:00pm- Handi House Walker 1:00pm- Exercise Class (T) 1:30pm- Exercise Class (T) 1:30pm- Name That Tune (ML) 2:30pm- Bowling (ML) 3pm- Coffee & Tea Social (ML) 7pm- Bridge or Euchre (AR) 7pm- Monday Series (T)  <i>"Cable Girls"</i></p>	<p>17</p> <p>Tuck Shop Open 1pm 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10:15am- Java Music Club (L) 12:15pm- Shuttle to Independent 2pm- St. Patrick's Day Celebration with the Cratur Band- Celtic Fiddlers (ML) <i>Dancing, goodies, Green Beer and More!</i> 7pm- Movie Night (T) <i>"Walk the Line" True Story of Johnny Cash</i></p>	<p>18</p> <p>9:00am- Exercise in the Pool (P) 10am-Coffee & Tea Social (ML) 10am- "The Knotty Bunch" (W) 10:30am- Crafts with Nissa (AR) 1pm- OUTING: Aquatopia-Succulent Workshop (BUS) 3pm- Word Games (ML) 7pm- New Release Movie <i>"Harriet" From her escape from slavery through the dangerous missions she led to liberate hundreds of slaves through the Underground Railroad.</i></p>	<p>19</p> <p>Tuck Shop Open 10:30am Happy 1st Day of Spring! 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10am- Smoothie Bar (ML) 10:30am- Gardening Group Meeting 2pm- Resident Meeting (L) 3pm- Entertainment by Musical Memories! (ML) 7pm- Documentary Thursdays <i>"Babies" Ep 5 and 6 (T)</i></p>	<p>20</p> <p>Tuck Shop Open 12:30pm 9:30am- Stretch&Meditation (T) 10:15am- Java Music Club (L) 1pm- BINGO! (AR)  2pm- Spring Alia N Tan Jay Fashion Show (ML) 3pm- Wine and Cheese Social (ML) 7pm- Friday Night Cards Social and Billiards! (ML) 7pm- Movie Night (T) <i>"Chaplin" An aged Charlie Chaplin narrates his life to his autobiography's editor</i></p>	<p>21</p> <p>10am- Coffee & Tea Social 10am- Saturday Painters (AR) 2pm- Movie Matinee (T) 3pm- Derby Horse Races (ML) 3pm- Coffee & Tea Social (ML) 7pm- Bridge or Euchre (AR) 7pm- Movie Night (T) <i>"I am Sam" Sam, a man with special needs, fights for the custody of his daughter when her mother abandons them</i></p>

Flip for more! 



March 2020



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>22</p> <p>10am- Catholic Communion (T) 10am- Coffee & Tea Social (ML) 1:30pm- Play Bridge (AR) 2:00pm- Movie Matinee (T) 2pm- Stirling Park Choir (ML) 3pm- Coffee & Tea Social (ML) 7pm- Sunday Classic Movies (T) <i>"Roman Holiday" Stuck with boredom in her luxurious confinement, a princess escapes from her guardians and falls in love with an American news reporter in Rome.</i></p>	<p>23</p> <p>9am- Gentle Yoga w/ Susan 10am- Bayshore Mall (BUS) 1:00pm- Exercise Class (T) 1:30pm- Exercise Class (T) 1:30pm- Mind Fitness (ML) 2:30pm- Bowling (ML) 3:30pm- Ice Cream Social (ML) 7pm- Monday Series <i>"Cable Girls" (T)</i> 7pm- Gentlemen's Group (AR) RSVP at Reception </p>	<p>24</p> <p>Tuck Shop Open 1pm 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10:15am- Java Music Club (L) 12:15pm- Shuttle to Independent 2pm- Afternoon Baking! 3pm- Coffee & Tea Social (ML) 7pm- Trivia Night! <i>Invite your Friends and Family, Movie Trivia, Song Trivia and Much more! Drinks and Goodies will be served!</i> RSVP with Nissa.</p>	<p>25</p> <p>9:00am- Exercise in the Pool (P) 10:30am- OUTING: Mystery Day Trip Out of Town and Lunch (BUS) 2pm- Movie Matinee (T) 3pm- Word Jumbles (pick up package from Reception) 3pm- Coffee & Tea Social (ML) 7pm- Movie Night (T) <i>"Patch Adams" is an American physician, who brings humor to orphans, patients, and other people</i></p>	<p>26</p> <p>Tuck Shop Open 10:30am 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10am- Smoothie Bar (ML) 1pm- Food Committee Meeting 2pm- 1950's Birthday Party with Entertainment by Johnny Vegas and Milkshakes! (ML) 7pm- Documentary Thursdays (T) <i>"Night on Earth" Shot in the Dark</i></p>	<p>27</p> <p>Tuck Shop Open 12:30pm 9:30am- Stretch&Meditation (T) 10:15am- Java Music Club (L) 1pm- BINGO! (AR) 2pm- Blake on the Piano (ML) 3pm- Wine&Cheese Social (ML) 3pm- Bake Sale (ML) 7pm- Friday Night Cards Social and Billiards! (ML) 7pm- Friday Night Movie Night! <i>"Awakenings" The story of a doctor's extraordinary work in the Sixties with a group of catatonic patients</i> </p>	<p>28</p> <p>9am- Ball Exercise (T) 10am- Coffee&Tea Social (ML) 10am- Saturday Painters (AR) 2pm- Movie Matinee (T) 3pm- Kentucky Derby Horse Races (ML) 3pm- Coffee & Tea Social (ML) 7pm- Movie Night (T) <i>"The Good Liar" a career con artist who meets a wealthy widow online, and then discovers that his plan to steal her fortune has unexpected roadblocks.</i></p>
<p>29</p> <p>10am- Catholic Communion (T) 10am- Coffee & Tea Social (ML) 1:30pm- Play Bridge (AR) 2:00pm- Movie Matinee (T) 2pm- Stirling Park Choir - Performing on Second Floor (ML) 3pm- Coffee & Tea Social (ML) 7pm- Sunday Classic Movies (T) <i>"The Wizard of Oz"</i></p>	<p>30</p> <p>9:00am- Tai Chi w/ Hiromi (T) 10am-Shuttle to Carlingwood (BUS) 1:00pm- Exercise Class (T) 1:30pm- Exercise Class (T) 1:30pm- Memory Game! (ML) 2:30pm- Bowling (ML) 3:30pm- Ice Cream Social (ML) 7pm- Bridge or Euchre (AR) 7pm- Monday Series- <i>"Cable Girls" (T)</i></p>	<p>31</p> <p>Tuck Shop Open 1pm 9:00am- Morning Exercise (T) 9:30am- Morning Exercise (T) 10:15am- Java Music Club (L) 12:15pm- Shuttle to Independent 1:30pm- Dance Fitness w/ Nissa 3pm- Test your Tastebuds (T) 7pm- VIP MOVIE NIGHT (T) <i>"A Beautiful Day in the Neighbourhood"</i> RSVP at Reception- Spots Limited</p>	<p>Coffee and Tea Social EVERY DAY!</p> <p>10:00 AM & 3:00 PM & 8:00 PM</p> <p>in the Main Lounge</p>	<p>Activity Room (AR) Main Lounge (ML) Library (L) Theatre (T) Pool (P) Tuck Shop (TS) Outside (O) Reception (R) 3rd Floor Main Lounge (3fl) Dining Room (DR) Workshop (W)</p>	<p>Dining Room Hours</p> <p>Breakfast 7:30am-9:00am Lunch 11:30am-1:00pm Dinner 5:00pm (First Seating) Dinner: 6:00pm (Second Seating)</p> 	<p>"The Knotty Bunch"</p> <p>Every Second Wednesday!</p> <p>Join us for some wood working in our NEW Workshop! See Brent for more Information!</p>

Entertainment

<p>Thursday March 5th</p> <p>Simon Clarke 2pm</p>	<p>Tuesday March 17th</p> <p>St. Patrick's Day with Cratur Band at 2pm</p>
<p>Tuesday March 10th</p> <p>Trudi's Sentimental Journey 2pm</p>	<p>Thursday March 19th</p> <p>Musical Memories at 3pm</p>
<p>Thursday March 12th</p> <p>Arlene Quinn at 2pm</p>	<p>Thursday March 26th</p> <p>1950's Birthday Party with Johnny Vegas at 2pm</p>
<p>Saturday March 13th</p> <p>Brad Pullan at 2pm</p>	<p>Friday March 27th</p> <p>Blake on the Piano at 2pm</p>

March Highlights!

<p>Monday Night Series 7pm "Cable Girls"</p> <p>In 1920s Madrid, four women at the National Telephone Company ring in revolution as they manage romance, friendship and the modern workplace.</p>	<p>Trivia Night</p> <p>With much success and fun from last month, we open up our Trivia Night this time to Friends and Family!</p> <p>Tues March 24th 7pm RSVP w/ Nissa</p>	<p>Spring Fashion Show</p> <p>Alia N Tan Jay will be bringing/showing off their Spring Collection!</p> <p><i>Please see Nissa if you would like to Model!</i></p> <p>Friday March 20th at 2pm in ML</p>
<p>VIP Movie Night</p> <p>A Beautiful Day in the Neighbourhood <i>Lloyd Vogel is an investigative journalist who receives an assignment to profile Mr. Rogers.</i></p> <p>Tues March 31st at 7pm</p>	<p>1950's Birthday Party with Milkshakes and Johnny Vegas</p> <p>Get our your white sports coats, because it's time to party like it's the 50's!</p> <p>Thursday March 26th at 2pm in ML</p>	<p>Caricatures with Doc Z</p> <p>Come and get a beautiful Caricature of yourself! Doc-Z is very talented! You will be sure to love it!</p> <p>Friday March 6th from 2-4pm (ML)</p>
<p>Test your Tastebuds</p> <p>Come to taste a variety of foods Blindfolded and see how accurate your Sense of Taste is!</p> <p>March 31st at 3pm (T)</p>	<p>DIY Dinner Night</p> <p>Join us for a fun "Do It Yourself" Dinner night! We're making our own Pasta from Scratch!</p> <p>Tuesday March 10th at 5pm in AR</p>	<p>St. Patrick's Day Party</p> <p>Green beer, Goodies, Photobooth, Music and MORE! Wear your St. Patrick's Day Colors and Apparel!</p> <p>Tuesday March 17th at 2pm in ML</p>